

LVSA Spring Program – Game Plan

[final draft]

General Information

Description

The newly created spring program is based on the concept of having organized *pick-up games* for each division, where the players will be placed on a team for each game. Therefore, participants will not be assigned to a single team for the season, instead each week we must “*choose up sides*” and play a game with adult volunteers overseeing each session. The divisions were designed based on the number of participants that registered to ensure we had the proper number of players for the games.

Volunteers

Game Coordinator (a.k.a. Head Coach) – Will be responsible for the following

- Player contact to date/time and location of games
- Choose up sides
 - a. Use Odd-Even method
 - i. Line players up and have them count off
 - ii. Odd players on Team 1 and Even Players on Team 2
 - iii. Adjust players on team, if it is known that one side is *stacked*
 - b. Determine teams based on players from previous seasons
- Hand out scrimmage jerseys
- Adjust teams, during half-time if game has become *lop-sided*
- Referee the game
 - a. Ensure proper equipment and player safety (see SAFETY below)
 - b. Keep time
 - c. Out of bounds
 - d. Goal kicks
 - e. Corner kicks
 - f. Hand balls
 - g. Rough play
 - h. *Offside???*
- Provide instructions to assist players during game (*don't over-instruct them!*)

Sideline Coaches (a.k.a. Assistant Coaches) – Will be responsible for the following

- Control player substitutions during game
- Call out-of-bounds
- Provide sideline instructions to assist players during game (*don't over-instruct them!*)

Game Rules

Safety

- All players **MUST** wear shin guards with the solid plastic insert guard pieces as opposed to the all foam shin guards. Your child will not be permitted to play without them.
- Kindergarten - Cleats may be worn, but not mandatory.
- All Other Grades - Soccer cleats are recommended. No baseball cleats (they have a spike in the toe).
- No jewelry, necklaces, earrings, bracelets etc. may be worn during games in order to reduce the chance of injury to a player.
- Baseball hats may not be worn by players. Tie backs for hair are allowed, although they should be of a type that will not cause injury if contacted by another player or the ball.

Game Setup

Kindergarten – 2nd Grade – Separate Boys and Girls divisions

- Small-sided games (6v6) or whatever is efficient for number of participants
- Goalie

- Referee/Sideline Judges calls
 - a. Out of bounds
 - b. Goal kicks
 - c. Corner Kick
- 4 Quarters, each being 12 minutes.
- 3rd – 5th Grade** – Separate Boys and Girls divisions
 - 8v8 games or whatever is efficient for number of participants
 - Goalie
 - Referee/Sideline Judges calls
 - a. Out of bounds
 - b. Goal kicks
 - c. Corner kicks
 - d. Hand balls
 - 4 Quarters, each being 12 minutes.
- 6th – 8th Grade** – Separate Boys and Girls (6-HS) division
 - 11v11 games
 - Goalie
 - Referee calls
 - a. Out of bounds
 - b. Goal kicks
 - c. Corner kicks
 - d. Hand balls
 - e. Offside
 - 4 Quarters, each being 15 minutes.
- HS Grade** –Boys division only
 - 11v11 games
 - Goalie
 - Referee calls
 - a. Out of bounds
 - b. Goal kicks
 - c. Corner kicks
 - d. Hand balls
 - e. Rough play (no slide tackles)
 - f. Offside
 - 2 Halves, each being 30 minutes each.

Necessary Equipment for games

- Scrimmage Jerseys (*league provides 1 for each player – reversible colors*)
- Whistle (*league provides 2 for each division*)
- Watch or Stop Watch to time game (*coach responsibility*)
- Balls (*league equipment coord. will provides at least 3 game-quality balls*)
- Cones (*league equipment coord. will provide to you*)
- Conner Flags (*league equipment coord. will provide to you*)

Running the Game

Pre-Game Setup

- Arrive 15 minutes early and check field.
- Check players – *See Safety Rules above*
- Choose sides – *See some methods above*
- Coin toss [*optional*]

Start of Game

- Make sure teams are on one side of field and spectators are on the other.

- Have a designated linesperson (a.k.a. *assistant coach*) to help with the touchlines. They are not to make any other calls.
- Have an assistant coach help with player substitutions, if necessary.
- Keep the game fun, may need to have players change sides if score is lop-sided.

Post-Game

- Collect Flags, Cones and Balls.
- Report any problems or ideas for improvements to Steve LaGrueux or Walter Liska.